

| YES please | No thank you |
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| <p data-bbox="201 134 740 165">Your Back-to-School Shopping CHEAT SHEET!</p>  <p data-bbox="201 317 805 596">Select a backpack that is lightweight and has wide straps and a cross-body clip and a laptop compartment to keep that heavy cargo closest to your back. If you're going to splurge on something, here's where you do it. Make sure your student tries it on for proper fit, it's a personal choice, and everyone's body type is different.</p> |  <p data-bbox="839 352 1446 596">Basic backpacks are great for basic things. Carrying school cargo around all day is NOT basic. And neither are our students' developing musculoskeletal systems. This doesn't have proper back support or straps to help distribute the weight and encourage better posture and a proper fit.</p> |
|  <p data-bbox="201 806 784 978">Lightweight plastic pocketed folders are a great replacement for binders and notebooks. This eliminates carrying around a lot of unused paper and unnecessary weight. Just empty old papers and fill with new sheets when needed.</p> |  <p data-bbox="839 806 1446 978">At first glance these 'Trapper Keepers' are super pretty and multi-functional. But they weigh as much as a small rhinoceros! AVOID! Composition books force kids to carry around a lot of unused paper, keep these to a minimum too.</p> |
|  <p data-bbox="201 1178 797 1346">Drinking water all day is a great habit! Find a lightweight water bottle and only fill it with halfway w/ice (it's lighter) and a little water in the morning. Refill it at school with our new filtered water stations that are being installed.</p> |  <p data-bbox="839 1184 1446 1283">This guy is way too big. You will not get stranded in the desert during the school day. We promise. Water=heavy. Only carry what you need.</p> |
|  <p data-bbox="201 1528 813 1661">These neoprene bags are lightweight and can change shape to fit in your backpack. These super skinny ice packs are a lighter alternative to keeping your lunch fresh.</p> |  <p data-bbox="839 1528 1446 1627">Freezable lunch boxes are a clever concept but are exceptionally heavy (and that's before you even put food in them!)</p> |
|  <p data-bbox="201 1877 813 2045">You don't need the giant mondo-size packs with every color of the rainbow. But the kids always do, right? This will get the job done. Ask your teacher if supplies like these can be kept in the classroom or at home for when they are needed.</p> |  <p data-bbox="839 1877 1398 1976">Budding Picassos, keep these colorful arrays at home so you can work on your magnificent creations there.</p> |