

Wellness Committee Meeting

10.16.18, KiMS Fishbowl

Janis, Hae Sue, Meredith, Marcela, Erika

Janis reviewed Backpack Results- avg BP weight is 13.8 pounds

Turket Trot- food donations to the event (not school), this is not a school or ptsa sponsored event

Need based- \$10 through Carol, \$20 per participant (50% off)

Deadline for code is 11/1, event date Sunday 11/18 (can we extend that date?), guaranteed shirts by 11/1

Promote/encourage staff- kids can help, Ryan Bond/Engquist/Ward

Friendly competition? Panthertimes contest for participants

\$50 budget – unifying students as group

Bandana 12 for \$10

Headbands 8 for \$7

Maybe like this: https://www.partycity.com/turkey-headbands-8ct-753991.html?extcmp=pla%7CGoogle&gclid=EAIaIQobChMI-P_Gheal3gIVjLxkCh2aYwN6EAQYBSABEgIxMfD_BwE&gclsrc=aw.ds

Face crayons

Tom Kreinbring- HopeLink Race Director (not contracted)

1500 max participants, 1200 last year, 1500 2 years ago

Ballot measures, marine folks, community effort

We worked with Tim last year

Encourage kids to exercise

Want everyone to participate

Hae Sue- will connect Tom to scouts

November 10th deadline on the code \$20 per participant with the code

Code is active already

Meredith will create the team- name so we have a url

Bring an unwrapped teenage gift (instead of food)

Posters- Janis will ask Debbie if we can put them up

Meredith will customize posters for school for KiMS

Ryan – Erika will reach out to him- gym/track promote that way

Need physical space- extra booth spot?

Need someone to sing the national anthem @ race- Sharif

Melody Lynn update- capturing attendees

Ryan Bond partnership

Next evening outing