



Backpack Status at KiMS

Oct 2016

Let's Celebrate Our Successes

Created KiMS Backpack Committee

Backpack Awareness Day '15, '16

Collected data and quantified problem

Met w/students & staff for ideas

Teachers created more storage in classrooms

Ongoing edu materials: parents/students/staff

Created List of Potential Solutions

Panther-time Backpack Cleanouts

Presented EDU to Kirk 5th graders

Edu materials to all 5th graders/feeder schools

Dr. Pierce Committed to support 10-15% statement consistent with AOTA & APTA recommendations

Working w/ LWPTSA Council Advocacy

LWSD Communications developed district-wide messaging



New Supply list for '16



Planner reduced in size '16-17



KiMS Math Dept: de-spined workbooks, using plastic binders



2015-16 Reduced avg BP weight by 1.5 lbs



2016 BPA Day Results

We Improved!

(but there's still lots of work to do)

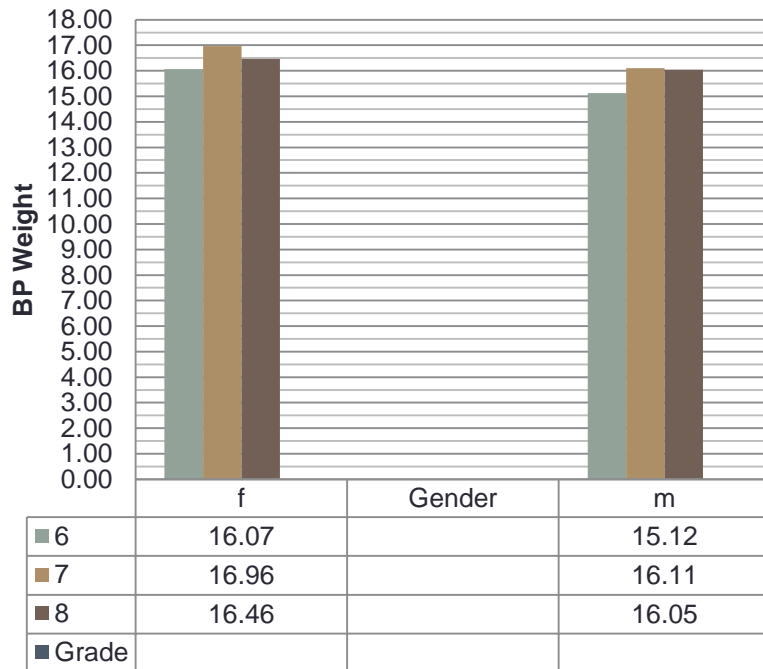


- Average backpack weight: **14.6 pounds**
 - **92%** are NOT in the 'safe zone'
 - **6th graders** pack the lightest
 - 13.77 lbs (6th), 15.12 lbs (7th), 15.10 lbs (8th)
- Boys heavier packers in 6th/7th, Girls in 8th
 - Wide range of backpack weights
 - Heaviest 27 lbs, lightest 7 lbs

2015-2016 Comparison

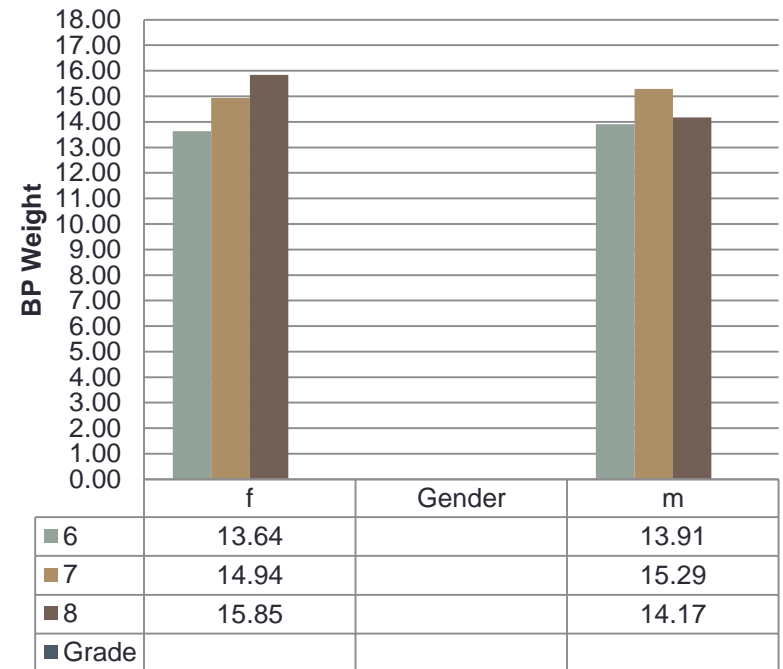
2015 AVG OVERALL: 16.1 lbs

Average Weight per Gender and Grade 2015

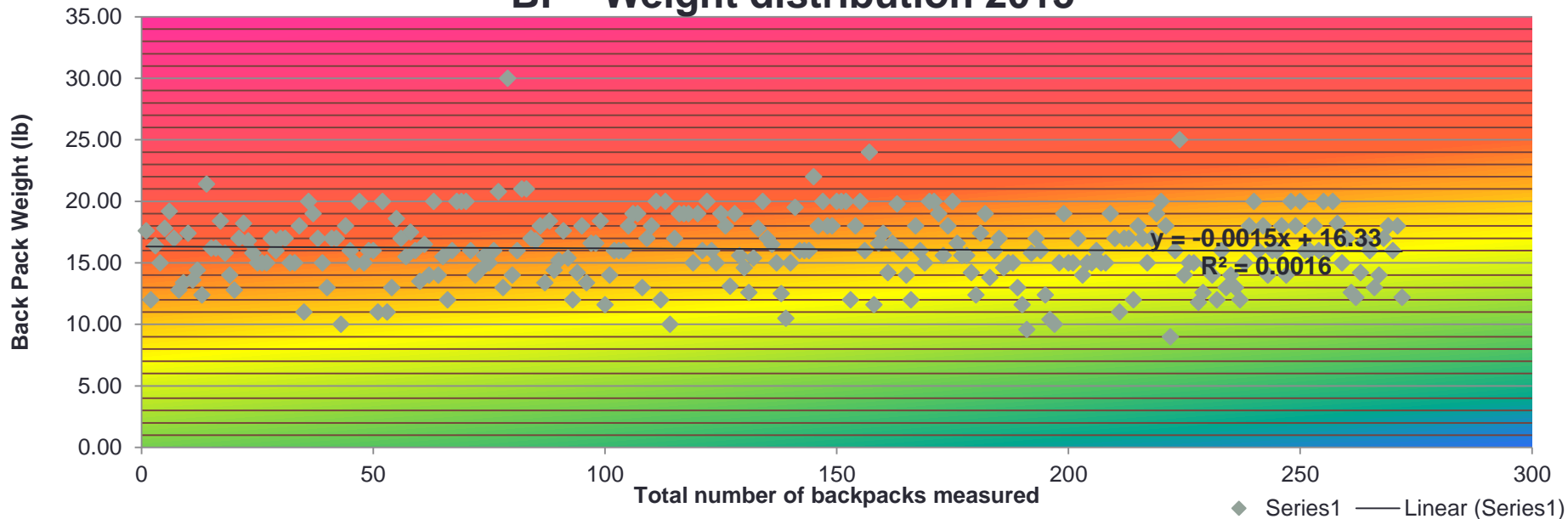


2016 AVG OVERALL: 14.6 lbs

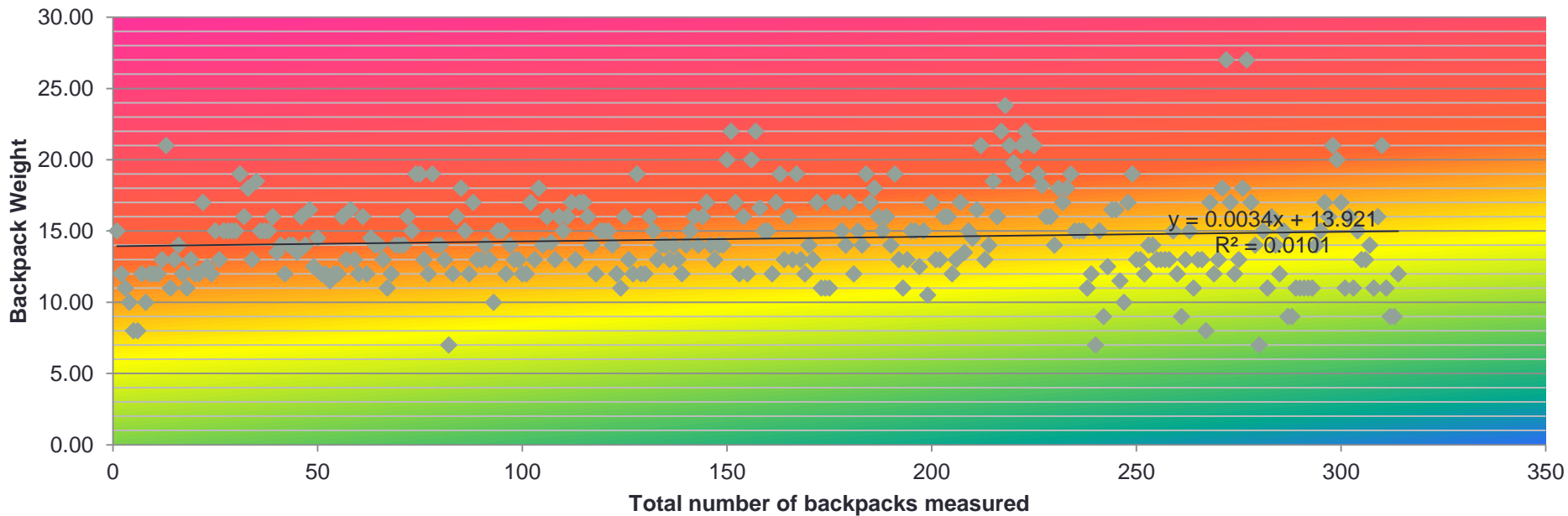
Average Weight per Gender and Grade 2016



BP - Weight distribution 2015

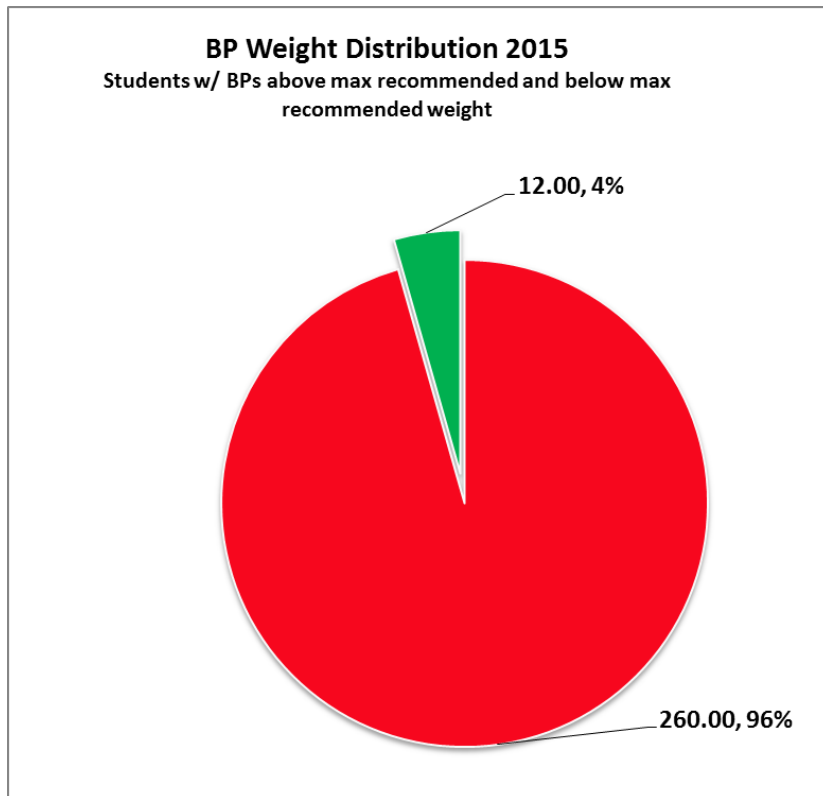


BP - Weight distribution 2016

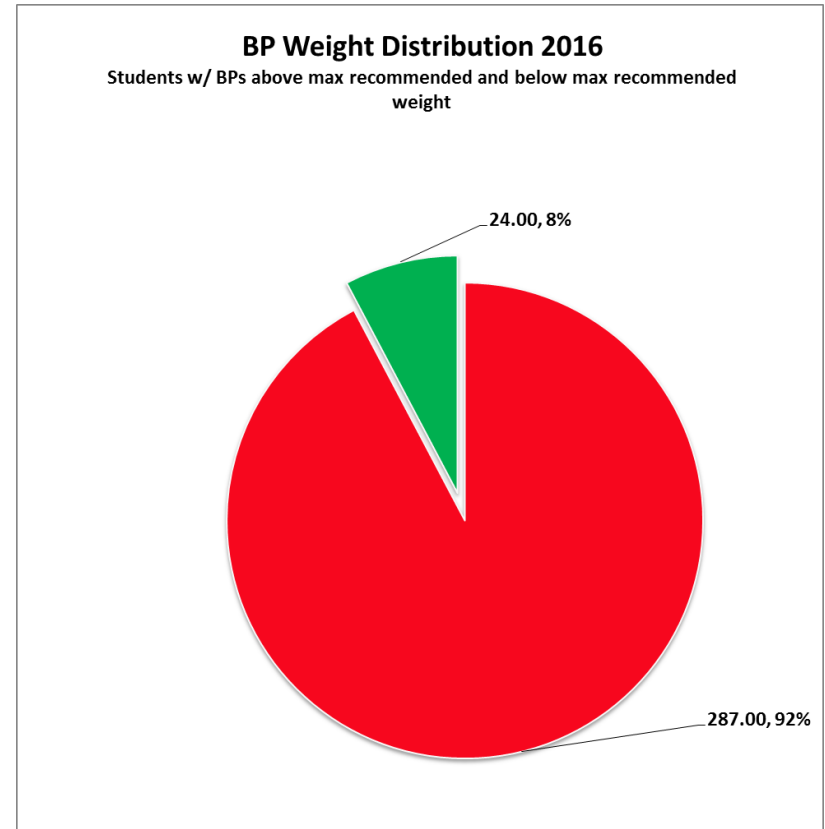


'Safe Zone' Comparison

2015: 96% are too HEAVY



2016: 92% are too HEAVY



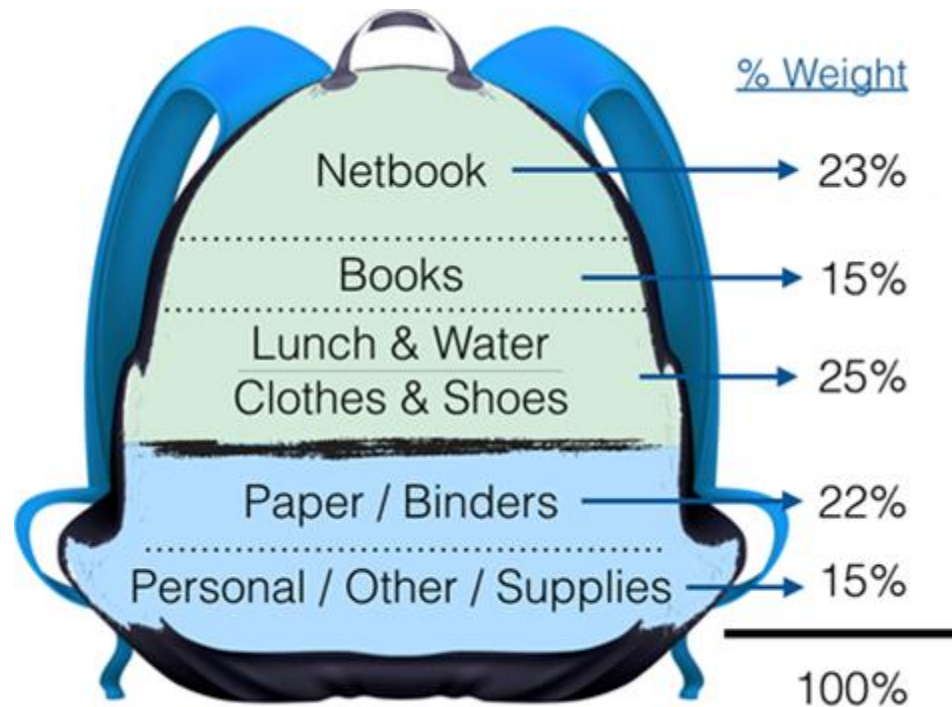
The Good News?

This is an
OPPORTUNITY

- For LWSD to address an important safety issue and be a leader/innovator in our region
- For the Backpack Committee to advise and help implement based on what we've learned
- For PTSA Council to Advocate
- For Staff to challenge themselves
- For students to learn lifelong lessons

Remind me...

WHY are they so Heavy?



Easy Targets/Continued Efforts

- Consider BP weight in all future decisions (facility planning/hardware purchases)
- BP Awareness Day- create kit/annual event
- Ongoing BP Cleanout Days
- Train staff and reward for eliminating paper/redundancy
- EDU to 5th graders in June
- Create educational videos
- Continued District Communication/Education
- Student Help Sessions

Challenging Targets to Focus On

- Netbook Pilot re: usage/policy
- Location to store lunches, coats and/or school materials
- Move to an electronic planner
- More broadly reduce paper (comp books)
- Create a WA State PTSA Standing Resolution
- Set LWSD goal to measure success



Potential Pilot Scenarios: Jan 2017

Scenarios	Considerations
1-Bring own device back and forth	Safety/Security/Access issues Could use virtual desktop Economic disparity No support at school
2- Leave assigned netbook at school & use own device at home	Mgmt of check/in-out process Still carrying all day at school Space to store
3-Only use netbooks on certain days	Requires teacher planning/less flex Still carrying on other days More oppty to forget
4-Workstation concept (no 1:1). Netbooks kept in the classroom	Decreases loss of productivity in class Could take home or use own at home Germs
5-Test Lighter Devices for 2018 purchase	Allows for early trouble-shooting Support required Still 1:1 while shedding wt from pack