

VOLUNTEER SPOTLIGHT

JANIS RABUCHIN

Chair of the PTSA's Wellness Committee, 'Jackie' of All Trades, Water Skier, Blogger, and Super Mom



4

YEARS VOLUNTEERING AT KIMS

Janis began volunteering at school in 2014 when her twin daughters, Sydney and Riley, started at KiMS. In 2016, Brady joined his sisters as a 6th grader. Today, the twins attend Lake Washington High School and Brady, along with his mom, continue to raise awareness about the potential harms of an overweight backpack. "When my 65 pound 6th graders came home with 18 pound backpacks, something just didn't seem right. Especially when they walk over a mile to school and have no lockers. Lots of parents had similar concerns so it seemed clear that we could do better if we all worked together." Today, Janis is our Wellness Committee Chair and advocates for our students' well being and health.

19

YEARS SINCE JANIS HAS CALLED KIRKLAND HOME

A New Jersey native, Janis and her husband Steve have called Kirkland home since 1998. As the saying goes, 'you can take a girl out of Jersey, but not Jersey out of a girl'; so, in keeping with her Jersey roots, Janis shares that she is not afraid to say what she thinks. "This is sometimes useful and other times not so much."



WHAT IS HER SUPER POWER

I magically know 'stuff'
(according to the kids).

DESCRIBE MOM IN THREE WORDS

Proactive, strong, and helpful.

Sydney, Riley and Brady

3

WORDS TO DESCRIBE OUR SCHOOL

To Janis, some of the things that set our KiMS community apart is its **enriching** environment. She points out that we are a collective of **committed** and **bright** individuals, invested in making this a great community. Her Jersey-girl self could not resist adding a fourth word to the list... "**locker-less**."

KNOW AN AMAZING VOLUNTEER IN OUR KIMS COMMUNITY? HELP US CELEBRATE THEM AND THEIR WORK. EMAIL MEMBERSHIP@KIRKLANDPTSA.ORG.